



Our facilities

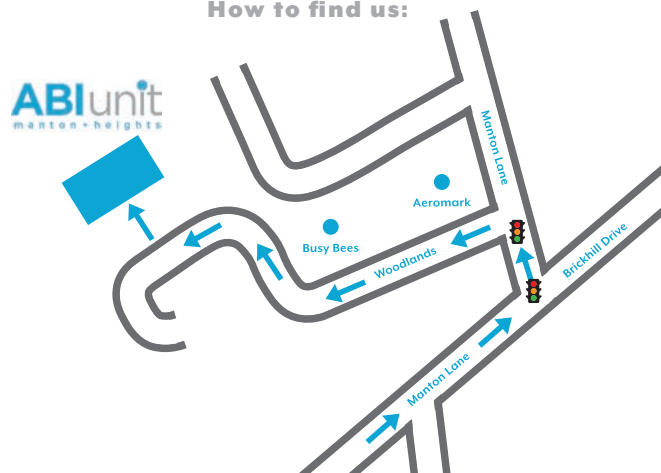
Our ABI Unit is a single-story building with a full range of facilities necessary to support the needs of those we care for including: -

- 12 well-proportioned rooms with en-suite facilities
- 4 rooms specially designed with ceiling tracking hoists
- Physiotherapy gym
- Daily Skills Kitchen (ADL)
- Full WIFI availability on site
- Large communal spaces
- Large dining area
- Laundry facilities
- Garden with views over Bedfordshire
- Two self-contained independent living bungalows, each with a private garden
- Compliant with the latest government guidelines regarding COVID-19



ABIunit
manton • heights
Enhancing Your Independence

How to find us:



ABIunit
manton • heights
Enhancing Your Independence

Specialist Neuro Rehabilitation



Please feel free to call or email us at any time

01234 213 686

abimantonheights@rchcarehomes.co.uk

Manton Heights ABI Unit
Woodlands (first left off Manton Lane),
Bedford, Bedfordshire MK41 7LW
www.mantonheightsabi.co.uk

The ABI unit is regulated by the Care Quality Commission (CQC)

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Commission



Welcome to Manton Heights ABI Unit

We are a neuro rehabilitation service, specialised in working with people who have sustained a brain injury .

You have been admitted to the unit for a period of up to 6 weeks for rehabilitation.

Your rehabilitation with us is focused on what you would like to work on and regain independence with.

We will set goals with you during the first few days of your admission. This will help the therapy team tailor your rehabilitation to what you specifically want to work on.

At week 3 or week 4 of your rehabilitation journey we will have a review meeting to discuss your progress.

At this point we may feel you are able to return home sooner than 6 weeks or that you may require a little longer to continue working on your rehab goals with us.

Each week you will be given a therapy timetable which details your planned therapy sessions for that week



Therapy team

Therapy available at our unit

- **Occupational Therapy**

These sessions are focused on helping you regain independence with functional tasks such as personal care, dressing, cooking and upper limb function, OT will also visit your home with you prior to discharge to help you transition safely.

- **Physiotherapy**

These sessions are focused on helping you to regain independence with mobility, transfers, balance and enhancing your movement

- **Psychology**

These sessions are focused on cognitive assessment, rehabilitation and mood/anxiety management.

- **Speech and Language Therapy**

These sessions are focused on helping people regain communication skills and helping those with dysphagia (swallow impairments)

Your therapy timetable will reflect the therapy support you require and things you want to work on.

Rehabilitation Assistants

Our rehabilitation assistants are here to help support you throughout the day and night.

They can help you with medication, personal care, meal times and using the toilet. They will also help work on your rehabilitation goals between therapy sessions.

Rehabilitation journey at a glimpse

1. Set goals
2. OT will visit your home
3. Daily therapy
4. Review meeting
5. Home visit
6. Discharge planning
7. Discharge

As part of the discharge process the therapy team will arrange follow up therapy and care support for you at home as required and will also ensure you have the equipment you require to manage safely at home

